



LOCOMOTOR SYSTEM



DEGENERATIVE, INFLAMMATORY AND POST-TRAUMATIC DISEASES SUCH AS:

- **DYSTROPHIC DEGENERATIVE JOINT DISEASES**
polyarthrosis, gonarthrosis, coxarthrosis, spondyloarthrosis
- **INFLAMMATORY JOINT DISEASES**
monoarthritis and poly arthritis, rheumatoid, psoriatic and gouty arthritis
- **INTERVERTEBRAL DISC DISORDERS**
disc herniation, radiculopathy, dorsalgia
- **SPONDYLOPATHIES AND DORSOPATHIES**
ankylosing spondylitis, spondylosis, osteochondritis, kyphosis, scoliosis
- **CONDITIONS AFTER JOINT ENDOPROSTHESIS** (hip joint and knee joint)
- **CONGENITAL HIP DISLOCATION**
- **TRAUMATIC INJURIES OF BONE-JOINT APPARATUS**
luxation, sprain, fracture
- **DISEASES OF SOFT TISSUES AND CONTRACTURES OF SKIN AND MUSCLE ORIGIN**
traumatic and inflammatory injuries of muscles and tendons; ligament apparatus – myositis, synovitis, tendosynovitis, bursitis
- **BEKHTEREV'S DISEASE**

For Hot Springs Medical & Spa Hotel guests only

HEALING PROGRAMME	Price	Total procedures included per period
5 DAYS	491 BGN	20 procedures
7 DAYS	663 BGN	28 procedures
10 DAYS	884 BGN	40 procedures
14 DAYS	1 185 BGN	56 procedures
21 DAYS	1 767 BGN	84 procedures

Prices do not include accommodation.

THE HEALING PROGRAMME INCLUDES:

FREE primary medical exam and 4 of the following **procedures per day** as prescribed by a physician:

- 1 high-tech physiotherapy
- 1 classic physiotherapy
- 1 kinesitherapy
- 1 hydrotherapy / peloidotherapy

HIGH-TECH PHYSIOTHERAPY

- High-power laser
- Tecar therapy
- Deep oscillation
- Lymphatic drainage (Pressotherapy)

CLASSIC PHYSIOTHERAPY

- Game Ready therapy
- Electrostimulation
- Low-power laser
- Cryotherapy
- Ultrasound
- Magnetic therapy
- UHF therapy
- Interferential current therapy
- Diadynamic therapy
- Electrophoresis
- Ionophoresis
- Phonophoresis
- Intervac
- Infrared lamp
- Quartz lamp
- Inhalations

KINESITHERAPY

- Therapeutic massages
- Sports and restorative massages
- Therapeutic gymnastics
- Pilates gymnastics
- Manual therapies
- Terrain therapy

HYDROTHERAPY

- Full body underwater massage bath tubs (tangents)
- Mineral water pearl baths
- Aqua gymnastics
- Inhalations with mineral water
- Inhalations with mineral water + medicine

PELOIDOTHERAPY

- Mud treatment
- Peloidotherapy – partial applications
- Peloidotherapy – full body applications

PERIPHERAL NERVOUS SYSTEM



DISEASES OF THE PERIPHERAL NERVOUS SYSTEM:

- **NEURITIS**
- **RADICULITIS**
- **PLEXITIS**
- **PARESIS, PARALYSIS**
- **INJURIES OF THE PERIPHERAL NERVES**
Inflammatory, dystrophic and traumatic

For Hot Springs Medical & Spa Hotel guests only

HEALING PROGRAMME	Price	Total procedures included per period
5 DAYS	491 BGN	20 procedures
7 DAYS	663 BGN	28 procedures
10 DAYS	884 BGN	40 procedures
14 DAYS	1 185 BGN	56 procedures
21 DAYS	1 767 BGN	84 procedures

Prices do not include accommodation.

THE HEALING PROGRAMME INCLUDES:

FREE primary medical exam and 4 of the following **procedures per day** as prescribed by a physician:

- 1 high-tech physiotherapy
- 1 classic physiotherapy
- 1 kinesitherapy
- 1 hydrotherapy / peloidotherapy

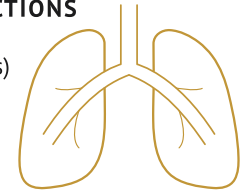
FOR ALL HEALING PROGRAMMES:

Your medical specialist may substitute some of the programme treatments with therapies more appropriate for your condition.

As prescribed by a physician the healing process may be supplemented by:

- steam bath
- sauna
- mineral water swimming pool
- mineral water drinking therapy

RESPIRATORY SYSTEM



INFLAMMATORY AND ALLERGIC DISEASES OF THE RESPIRATORY SYSTEM:

- **UPPER RESPIRATORY TRACT INFECTIONS**
chronic, non-specific and allergic (pharyngitis, laryngitis, rhinitis, sinusitis)
- **BRONCHIAL ASTHMA**
- **BRONCHITIS**
- **POST-PNEUMONIA CONDITIONS**
- **CHRONIC OBSTRUCTIVE PULMONARY DISEASE**

For Hot Springs Medical & Spa Hotel guests only

HEALING PROGRAMME	Price	Total procedures included per period
5 DAYS	378 BGN	20 procedures
7 DAYS	509 BGN	28 procedures
10 DAYS	676 BGN	40 procedures
14 DAYS	905 BGN	56 procedures
21 DAYS	1 347 BGN	84 procedures

Prices do not include accommodation.

THE HEALING PROGRAMME INCLUDES:

FREE primary medical exam and 4 of the following **procedures per day** as prescribed by a physician:

- 1 inhalatory treatment
- 1 classic physiotherapy
- 1 kinesitherapy
- 1 hydrotherapy / peloidotherapy
- + Terrain treatment

